

## INDIANA WESLEYAN COURSE LIST –

Approved for All Officers (Including SACEP)

Highlighted courses are presently available

COURSE	TITLE	CREDIT	DESCRIPTION
ADC-210	Addictions Theory	3	This course is intended to introduce the student to the major theories of addiction and compulsive behaviors. Students will consider addictions and case examples from a variety of theoretical perspectives. In addition to the substance addiction, this course will introduce the following topics: eating disorders, sexual compulsion, and pathological gambling. This course will examine addictions from biological, psychological, social and spiritual domains. Additionally, individual, family, and cultural perspectives will be explored. This course will emphasize familiarity with the current research in the addictions counseling field.
ADC-310	Addictions Counseling Skills	3	This course is designed to familiarize the student with the eight practice dimensions necessary for effective performance as an addictions counselor: clinical evaluation; treatment planning; referral; service coordination; counseling; client, family and community education; documentation; and professional and ethical responsibilities. These dimensions along with their associated 12 core competencies, as defined by the Substance Abuse and Mental Health Services Administration (SAMHSA), are the established national standards for addiction counseling practice. These standards are also utilized by state and national addictions counselor certification/license examinations. In this course, the student will develop entry level knowledge and skills across the eight practice dimensions that will help ready them for entering the addictions counseling field. Considerable emphasis will be placed on evidenced-based practices.
ADC-320	Theory & Practice of Group Counseling		The course is intended to introduce the student to the basic issues of group therapy and group therapy with substance abusers. Emphasis will be given to understanding the group process, artful group facilitation, and tailoring interventions to work with clients in the various stages of the change process. Students will become familiar with the 11 therapeutic factors

			<p>as outlined by Yalom. The course will include an experiential component, with all students participating in an actual group experience. Students will develop an understanding of group process issues, group facilitation skills, and the merits of curriculum-based group treatment.</p> <p>3</p>
ADC-330	Counseling Addicted and Dysfunctional Family Systems	3	<p>The course is intended to familiarize the student with a systems view of substance abuse and family life. Students will compare and contrast individual and systemic orientations to assessments, case conceptualization, and intervention. Students will learn the essential characteristics of working systemically as well as the advantages and disadvantages of this approach. This course will address common relational patterns in substance dependent families, systemic approaches to facilitating change, and recovery as a developmental process. Students will examine the various schools of family therapy and the importance of cultural competence.</p>
CNS-310	Counseling Theories for the Faith Community	3	<p>This course will investigate a range of counseling theories and techniques to prepare parish nurses/ministry caregivers to assist individuals and families to deal with the complexities of life. Skills for assessing and helping different age groups will be included. Experiential or virtual learning will be part of this class. Prerequisite: PSY-150</p>
COM-280	Intercultural Communication	3	<p>Explores intercultural theory and practice within interpersonal, group and public contexts. Topics include similarities and differences in values, language, nonverbal, interethnic/intergroup communication, identity, and adaptation. Students will enhance flexibility with such encounters. For CAS/residential students this course meets General Education requirements for Intercultural Competency.</p>
CRJ-181	Introduction to Criminal Justice	3	<p>The course presents an overview of the major components of the criminal justice system: law enforcement, prosecution, the courts, and corrections. A discussion of each from a historical perspective, as well as current trends and events, is also considered.</p>

CRJ-268	Crisis Intervention	3	A study of the dynamics of crisis events including rape, child molestation, suicide, death, hostage situations, stress, and specific intervention strategies with an emphasis on practical application.
CRJ-309	Youth and Crime	3	The development of delinquent and criminal behavior, initial handling and proper referrals, presenting police technique and special problems with juveniles. Also covers laws and agencies concerned with juveniles.
CRJ-332	Victimology	3	This course introduces and examines the causes of victimization and looks at theories associated with violent victimization. It also presents ideas on preventing violence and responding to victimization.
CRJ-346	Restorative Justice	3	Students will be introduced to the philosophy and principles of restorative justice including its historical and theological roots. Assumptions about crime and justice will be examined by comparing and contrasting retributive and restorative paradigms.
IPE-322	Universal Trafficking in Persons	3	This course will introduce the learner to the multiple components of human trafficking; including definition, causes, and scope of the problem. The learner will identify the various disciplines involved in the human trafficking arena.
IPE-421	Trauma Informed Approaches	3	This course will explore the concepts of trauma informed approaches and the impact of trauma and retraumatization of the trafficked individual. The uniqueness of trauma informed approaches will be explored as well as the attitudes and perceptions of those interacting with the trafficked population.
IPE-422	Ethics and Advocacy in Human Trafficking	3	This course will explore a variety of individual and group advocacy strategies and techniques which may be used to effectively combat human trafficking through the lens of a biblical framework. Cultural values and differences as well as ethical strategies will be considered during the learning experiences.
LDR-205	Introduction to Leading	3	The course covers fundamentals of leadership that may be applicable to any organizational context. The student will examine the role of a leader and key leader characteristics and behaviors. The student will consider a variety of leadership types, foundational theories, and historical evolution of leadership, as well as the leader's use of power and influence to accomplish organizational objectives.

PSY-155	Personal Adjustment	3	This course encompasses a study of stress management and coping skills, the factors that contribute to self-esteem and the maintenance of healthy interpersonal relationships, and the skills required for successful conflict resolution. The course will focus on strategies for developing and maintaining positive mental health. A theoretical framework is presented with a strong emphasis on practical application.
PSY-360	Social Psychology	3	A study of the experience and behavior of individuals in relation to group situations and social influences of modern life. Gives credit for majors in Sociology or Psychology.
SOC-152	Social Problems	3	A study of issues in contemporary American society which are examined from a sociological perspective including crime, poverty, violence, racism, and sexism.
SOC-200	Marriage and Family	3	A social scientific and Christian analysis of the social institution of family. Topics include, but are not limited to, dating, marriage, planning a family, child-rearing, and threats to the family.
SWK-170	Introduction to Social Work	3	This course is an introduction to the field of social work and social welfare, including concepts fundamental to the understanding of the social work profession and the efforts of social work on behalf of oppressed populations. This is the entry course into the Social Work major. For CAS Students volunteer work in a community social service agency is required.
UNV-181	Leading Change in the World	3	This course is designed to assist students with the development of a basic plan to change their world. Students will be briefly introduced to key elements of select leadership models, change theory, and strategic planning, and will use this theory to build a model to become change agents. Students will be introduced to a Christian worldview of change by experiencing select readings of prominent change agents in Biblical history.