

Focused Meditation—1

Now, reflect inwardly on the deepest needs and desires of your heart.

Write down your needs and desires here.

Are you trying to fulfill those desires with the things the world offers?

Write down ways that you can turn those needs and desires over to the Lord.

Focused Meditation—2

Now, reflect on ways you often get caught up with the season and forget to commune with God.

Write distractions down here.

Most people prepare their homes for Christmas by decorating, what ways can you still prepare your *spiritual home*, your heart, for Christmas?

Please share.

Write down a few ways you can set aside time to rest and receive from the Lord.

Focused Meditation—3

Now, reflect on ways you can be a witness for Christ between now and Christmas.

Write ways here.

List a few friends and family members you'd like to have a significant Christ-centered conversation with this Christmas.

List them here.

Focused Meditation—4

Now, reflect on ways that Christ has redeemed moments in your life.

Write those moments here.

Christ extends an endless amount of grace to each of us. Who in your life and sphere of influence need grace from *you*?

List those people here.

Write down a way some in your life extended grace to you when you didn't deserve it.